



**Editors Note:**

- Check out the new format Past issues of the PostScript, upcoming events and CSHP news is available on the Branch website. If you have any ideas for improvement to the Branch website, send your suggestions to web-master@cshp-sk.org.

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**CSHP National AGM Highlights**

CSHP has adopted a "Pharmacy Leadership" advocacy theme for 2005/6. A position paper and editorial will be published in the November issue of CJHP as a lead point, which will surely generate discussion and commentary. A leadership task force has been struck to investigate educational programs for leadership development of hospital pharmacists.

CSHP will implement a Hospital Corporate Membership category for the 2006-7-membership year. This stems from positive survey results conducted with hospitals across Canada in 2004 and repeated in 2005 highlighting the products, standards and services offered by CSHP.

CSHP will join the Canadian Patient Safety Institute (CPSI) board as a voting member. CSHP members have also been nominated to CPSI advisory committees. CSHP will partner with CPSI in the Safer Healthcare Now! campaign at three levels of involvement: promotion of enrollment, sponsorship of education sessions and sharing of information to our membership.

Financially CSHP is sound. A healthy surplus exceeding the intended strategic goal has been accomplished in addition to owning its own condominium property paid in full.

CSHP National will investigate

and develop promotional materials for use by hospital pharmacies to promote Pharmacy Awareness Week. Timeline for completion 2006-7 and will likely be included in the next strategic planning session.

Numerous fee structure changes will be implemented to full and partial AGM and PPC registration as a membership drive incentive.

A membership pamphlet has been developed entitled "Why Should You Become a Hospital Pharmacist" and is to be available this year.

A research train the trainer workshop will be held on the Saturday prior to the start of PPC. This is a repeat of the workshop held in 2002. All branches are encouraged to provide three participants.

Mary Ensom will assume the office of Editor of CJHP commencing February 2006. Scott Walker has resigned after more than 15 years of service as associate editor and editor of the journal.

The Research and Education Foundation trustees have laid the foundation for a promotional plan to commence as soon as materials are ready for distribution. This plan will recognize donors with a unique pin.

All CSHP position papers and statements will be available on

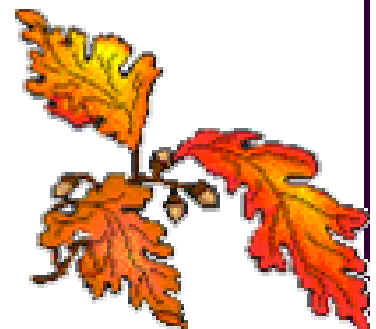
the public side of the website to advocate for CSHP.

A medication reconciliation task force has been struck with the following mandate:

- validate the CPSI toolkit (available on the CPSI website Aug 2005)
- develop implementation strategies for medication reconciliation in hospitals
- draft guidelines
- draft a statement for publication

CSHP will support and facilitate repeat of the Sterile Admixture Survey previously completed in 1992 by the Winnipeg Health Authority based on the USP 797 standard. In addition APES (Quebec hospital pharmacist representative group) is working through Sandoz (formerly Sabex) to produce a new sterile products video and handbook. CSHP will partner with APES and Sandoz in the project.

Don Kuntz



## CSHP Student Representative Report



Another year is already in full swing for the students in the College of Pharmacy and Nutrition at the University of Saskatchewan. The past week has been filled with the usual Welcome Week activities, such as the scavenger hunt, bowling, student potluck supper, and beach volleyball. There is also the upcoming student organized Professional Enhancement Day on September 22<sup>nd</sup>, which will feature a presentation by the Health Quality Council.

The College of Pharmacy and Nutrition has been working on promoting interdisciplinary education. As a result of their efforts a new problem based learning tutorial format is being introduced this year. The 4<sup>th</sup> year pharmacy students are thrilled that these tutorials will be part of their curriculum this year. This will present them with an opportunity to collaborate with the nutrition students again, as in previous years, as well as with students from the School of Physical Therapy and the College of Medicine. It should be an exciting and rewarding year!

Cara Wilson

### MONICA'S WEB PICKS

1. For anyone wishing to get active...[www.paguide.com](http://www.paguide.com) is an excellent resource for determining suitable exercise routines for patients ( and perhaps pharmacists) who have been advised to lose some weight. The website is very user friendly and well suited for both adults and youth.
2. Health Canada has prepared a chart for easily determining body mass index (BMI) as well as associated health risks accorded to each category. These may be found at [http://www.hc-sc.gc.ca/hpfb-dgpsa/onpp-bppn/bmi\\_chart\\_java\\_e](http://www.hc-sc.gc.ca/hpfb-dgpsa/onpp-bppn/bmi_chart_java_e)
3. [www.nhlbi.nih.gov/health/public/heart/hbp/dash/](http://www.nhlbi.nih.gov/health/public/heart/hbp/dash/) is a website that provides information on the DASH diet (Dietary Approaches to Stop Hypertension). A full description of the DASH diet including serving sizes and content is provided.

### What's Up at RQHR

Wedding bells will be ringing in the new year. Congratulations to pharmacists Lisa Fladager, Jennifer Carvell, Bonnie Rasmussen, pharmacy resident Ola Siwic and pharmacy Technician Bobbie -Jean Beglau as they all got engaged recently.

The families of Ken Bristol, Peter Ricci and Tejal Patel are looking forward to the stork arriving with their new additions to their household in the upcoming year.

We have to say a fond farewell to Christina Bodnar as she will be moving to Germany with her husband. We will miss you but know you will enjoy your time there.

Finally we welcome Lynette Kolodziejak and Jennifer Dyck who joined the RQHR pharmacy staff this summer. Julie Toppings will join us in September. It is great to have you here.

**Next issue we will see what is up at the Saskatoon Health Region.**

### Research Train the Trainer Workshop

CSHP will again be offering the Research Train the Trainer workshop at PPC in Toronto in February. We are looking for people interested in participating in the workshop and then leading similar workshops here in Saskatchewan. This workshop will give individuals the tools to get research project going no matter the size or budget.

If interested, please contact Monica Lawrence ([monica.lawrence@rqhealth.ca](mailto:monica.lawrence@rqhealth.ca)) **OR** Don Kuntz ([don.kuntz@rqhealth.ca](mailto:don.kuntz@rqhealth.ca))

## CALL FOR RESOLUTIONS

**The Resolutions Committee calls on Branch members for the submission of Resolutions to the Executive Committee.**

Resolutions are intended to present a point of view of the author. They should reflect standards of practice, acknowledgements, political viewpoints, etc. Resolutions are received by the Executive Committee, then presented to the membership at the Annual General Meeting (AGM) for a vote. If you are interested in submitting a Resolution, but are unsure of the format for writing one, please refer to the *Postscript (Volume 19, No. 4)* available at [www.cshp-sk.org](http://www.cshp-sk.org) ) which lists the Resolutions presented at the 2002 Branch AGM. You may also contact the Resolutions Committee Chair at the address below, to obtain samples of past resolutions.

### **The deadline for submitting Resolutions for the 2005 Branch AGM is September 26, 2005**

Resolutions should be forwarded to :

Monica Lawrence  
Chair, Resolutions Committee  
Pharmacy Department  
Regina General Hospital  
1440 14<sup>th</sup> Avenue  
Regina, Saskatchewan  
S4P 0W5  
[Monica.lawrence@rqhealth.ca](mailto:Monica.lawrence@rqhealth.ca)  
Fax: 306-766-4363

## EDUCATIONAL SERVICES COMMITTEE

### **Sask Branch AGM**

Hopefully everyone has received the brochure for this year's AGM and educational sessions in Saskatoon on October 14 and 15<sup>th</sup>. Guest speakers include Sandra Knowles, a drug safety pharmacist from Toronto who has extensive knowledge in the area of adverse drug reactions, and George Zhanel, a medical microbiologist and infectious disease expert from Winnipeg. In addition, we have confirmed several other exciting speakers to cover a wide array of topics including drug abuse, cardiovascular risk factors and drug administration with feeding tubes. Please see the brochure for more information. Also, if you have a research project that you would like to present, please submit an abstract by September 19<sup>th</sup>.

Any questions can be directed to:

David Blackburn: *phone:* 306-966-2081; *email:* [d.blackburn@usask.ca](mailto:d.blackburn@usask.ca)

## POSTER PRIZE AND BOOK DRAW ANNOUNCEMENT

### Pharmaceutical Partners of Canada Continuing Education Grant

The PPC Continuing Education Grant, which was established in 1991, supports the continuing education efforts of hospital pharmacists in Saskatchewan.

At the Annual General Meeting, PPC will sponsor a \$250.00 prize for a poster submission, as well as \$500.00 towards various textbooks.

To be eligible to win the poster prize, all you have to do is submit your poster abstract to Dave Blackburn (email: [d.blackburn@usask.ca](mailto:d.blackburn@usask.ca)) and be in attendance to display your poster at the Annual General Meeting in Saskatoon. Posters will be judged by a panel of judges. Book prizes will be drawn for randomly from submitted names of AGM registrants having a current CSHP membership.

Good luck! See you on October 15th!!

Piera Calissi  
Awards Committee Chair

## BANFF TRAVEL AWARD ANNOUNCEMENT

### Pharmaceutical Partners of Canada Continuing Education Grant

PPC has generously donated funds to support the continuing education efforts of hospital pharmacists.

The Saskatchewan Branch of CSHP will award an educational travel grant to an active member to attend the **2006 CSHP Annual Banff Seminar**. The winner of this grant will be determined by a draw of all Branch members. Up to **\$500.00** will be provided to the winner as reimbursement for registration and expenses (based on receipts). If the winner has registered for the conference prior to notification of winning, this portion of the reimbursement will be available immediately.

Piera Calissi  
Awards Committee Chair

*CSHP 2006 Vision*

*A revitalized society*

*The influential voice for hospital pharmacy*

*Inspiring and supporting our members*

**CALL FOR NOMINATIONS  
C.S.H.P. SASKATCHEWAN BRANCH AWARDS PROGRAM**

SK. Branch  
Canadian Society  
of Hospital  
Pharmacists  
[www.cshp-sk.org](http://www.cshp-sk.org)

CSHP Council  
2004-2005

Co-Presidents:  
Monica Lawrence  
Piera Calissi

President- Elect  
Paul Berg

Secretary:  
Carolyn Gray

National Delegate:  
Don Kuntz

RBSP Liaison:  
Dale Rodenbush

SCP Liaison  
Melanie McLeod

CSHP Student Rep:  
Cara Wilson

Communications  
Chair:  
Janis Johnson

Education Chair:  
Dave Blackburn

Awards:  
Vacant

Small Hospital:  
Krystal Horudko-  
Napper

Professional  
Practice:  
Susan Poulin

**THE J.L. SUMMERS ACHIEVEMENT AWARD  
sponsored by Merck Frosst Canada, Inc.**

This award is presented annually to a member of the Branch in recognition of a significant contribution within the practice of hospital pharmacy, which demonstrates innovation and leadership in the health care field.

Recognise the outstanding contributions of a Society member by nominating him/her for this award.

**BETTY C. RIDDELL AWARD FOR PHARMACY PRACTITIONER EXCELLENCE sponsored by Pharmaceutical Partners of Canada**

This award is presented annually to a member of the Branch in recognition of outstanding achievement to patient care, contribution to the profession and long term service to the practice of pharmacy (minimum of 10 years). Selection of nominees will be made on the basis of involvement and significant contribution to the practice of pharmacy at the pharmacist's work place.

Please recognize the outstanding accomplishments of a fellow Branch member by sending in a nomination.

**PHARMACIST OF THE YEAR AWARD sponsored by Apotex Inc.**

This award is presented annually to a member of the Branch in recognition of outstanding achievement to the practice of hospital pharmacy. Selection of nominees will be made on the basis of involvement and significant contribution to hospital pharmacy at the local and provincial level, with a minimum of 5 years hospital pharmacy practice.

There are many worthy individuals who deserve to be recognised. Why not take a moment to nominate a colleague for "Pharmacist of the Year".

**THE SASKATCHEWAN BRANCH C.S.H.P. PFIZER MERIT AWARD sponsored by Pfizer Canada**

This award is presented annually to a practising hospital pharmacist(s) and member(s) of the

Branch in recognition of a project which could easily be accomplished regardless of hospital size or staff, which need not be sophisticated, and which serves a useful purpose or has been recently published.

We know that many pharmacists have initiated exciting programs in their hospitals and we would like to recognize them. Take a few minutes to write the Awards Committee about when your project started, how it was implemented, and how it is running, or let us know about a recent publication.

**HOSPITAL PHARMACY RESIDENCY AWARD sponsored by Pfizer Canada Inc.**

This award is given annually to a deserving Saskatchewan hospital pharmacy resident in recognition of a residency project which represents a significant innovation, practical application and/or development in an institutional pharmacy practice setting. If you are currently a hospital pharmacy resident or have completed such a program in the previous year, please send in your project manuscript for consideration for this award.

Please visit [www.cshp-sk.org](http://www.cshp-sk.org) for the "terms of reference" for each award. All nominations shall be submitted to the Awards Committee Chair via email or land mail with substantiating background documentation by September 30, 2005. Each nomination shall be endorsed by the nominator and two additional C.S.H.P. members.

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*CSHP --The life, the voice and heart of hospital pharmacy*